Based on the research and results I can conclude that the first hypothesis was correct meaning that group three, who was put on antipsychotic medications and was also given psychotherapy, showed the most improvements in getting rid of the symptoms of schizophrenia and they also showed the most improvement in gaining skills that allow them to live independently. The second hypothesis was also proved correct, meaning group two, the group that was only on antipsychotic medication, showed more of an improvement then group one, who only received psychotherapy. The fact that the second hypothesis was proved correct allows me to conclude that the use of antipsychotic medication alone is more effective at treating the symptoms of schizophrenia than the use of psychotherapy alone. Because the first hypothesis was proved correct, however, I can conclude that the best and most effective way to treat schizophrenia is by using antipsychotic medication along with the use of psychotherapy.

Based on this research I hope that doctors, patients, and family members will be able to use this information for the best. Doctors, psychologist, and psychiatrist should still be able to prescribe medication as they normally would but they need to keep in mind that antipsychotics will not solve all the symptoms that go along with schizophrenia. They should now also be educated in all the choices of psychotherapy so they can give their patients and families the best treatment options. Family members should also be educated on the option of psychotherapy, but also the responsibility that comes with helping the patient through it. Family members will need to learn, along with the patient, how to use these techniques and really get the most out of them. Finally, patients also need to know all of their options for treatment, and know the great results that can come from the hard work of psychotherapy.

I anticipate that from this research the authors of the article *Medication adherence and long-term functional outcomes in the treatment of schizophrenia in usual care* will be able to learn even better treatment options to experiment with. While their research was very important and informative, I believe this new information can make an even bigger difference in treating schizophrenia. Now, with the results of both these experiments, it is clear that people suffering from the disorder of schizophrenia will experience the best treatment results if they adhere to the normal schedule of their medications and they go through psychotherapy as well.